

Volume 9

Issue 2

January 2018

Principal-Ms. Dianne Cordero

Happy New Year and welcome to the 2018 Spring Semester! I want to take this opportunity to let you know how honored I am to have spent the past few months as your new principal. Olympian High School is truly an amazing and unique school, and I am humbled to join a distinguished group of outstanding and passionate educators and students who have made this school so special. I have been able to learn about the many programs that thrive at Olympian through their hard work, dedication and passion. It is a privilege to be part of the rich traditions of excellence that exists at Olympian in academics and co-curricular programs. I encourage all of students to become involved with school activities, make a commitment to academic excellence, and be a contributor to the

special spirit that exists on our beautiful campus. Let's take a quick look at what the spring semester will bring: February finds us beginning the scheduling process of the 2018-19 school year. In March, we will welcome WASC (Western Association of Schools and Colleges) representatives to our campus to examine our progress report in more detail. In May we will begin our state and AP testing. As May ends we will end our testing and begin our celebrations. Awards nights, banquets, exhibitions and showcases, to name a few. And then June will bring us graduation and summer... It will go quickly, but in the meantime there is so much opportunity for learning and fun, I look forward to sharing it with you. Let's get going!

Developing a Student-Centered Culture

One of our school-wide goals is to develop a student-centered culture by helping students see the connection between school and their future. We believe that when students have a clear understanding of the relationship between high school and their opportunity for success in the future, they are more likely to invest in their daily work and academics. This understanding increases student motivation and promotes persistence in student work and study habits. These characteristics are crucial to student success.

Parents can help support this goal by making the same connections with their students at home. As we prepare for Semester II, we encourage each parent to sit down with their student to discuss the future, set a few academic goals and determine how these goals might be supported at home. Consider the ways you encourage and motivate your child (student) and how you provide positive support to help them persist in their academic pursuit. Take time everyday to talk to your student about school, their strengths and areas in which they might need support to finish an assignment or activity. As always, let us know if there are specific areas where we can help and/or provide direct support. Please join our effort as we continue to make school relevant and connected to student life beyond high school.

When this connection is clear, student investment increases and opportunity for success is greatly enhanced.

- Olympian High School Staff

Important Dates

- **Parent Training Series** 2nd Seminar Tuesday: February 13th at 6:30 pm; Library
- Sophomore College and Career Readiness Conference Wednesday, February 7, 2018 6:30 pm; Multi-Purpose Room
- Financial Aid Night Jan. 25 At MVHS Gym @ 6:00pm Jan. 27 At SUHI Comp Lab 9-12 noon Feb. 3 At SYHS Comp Lab 9-12 noon
- **Parent Visitation Day** Friday,, February 2, 2018 Minimum day schedule
- Building Student Success Thursday, March 8, 2018
- Freshman Student-Led Conferences (SLC) February 20—23 2018 in Library See pg. 7 for your student appt.
- Spring Break March 19– March 30, 2018
- CAASPP Testing Window April 11—June1, 2018
- Advanced Placement Exams May 7-18, 2018
- Junior Exhibitions May 21, 22, 23, 2018
- Senior Showcase May 24 ,2018
- Graduation Date: Wednesday, June 6, 2018 9:00 am At: Southwestern Community College
- End of Semester II Final Report Card Distributed Wednesday, June 6, 2018; 9:00 am

Counselor's Message

COUNSELING CENTER

Office Hours: Monday – Friday – 7:00 am to 3:30 pm **Phone: (619) 656-2420**

Students are welcome to visit the Counseling Center at nutrition break, lunch, or afterschool. Students may complete a "Counselor Request Form" (found in the Counseling Center) if the counselor is not immediately available. Additional information is available on our website at **olh.sweetwaterschools.org** We encourage regular communication with your student's guidance counselor to monitor progress toward graduation, postsecondary goals, and your child's emotional wellbeing.

The best way to contact your student's counselor is by e-mail. You are also welcome to leave a phone message by calling (619) 656-2420. Each counselor manages a caseload of approximately 360 students. They strive to get back to phone messages and emails within 48 hours on school days during office hours. Your counselors thank you, in advance, for your patience. If you have specific questions about grades in your student's courses or would like to set up a parent/teacher conference, it is best to contact the teachers directly. Counselors do not have specific information pertaining to the student's individual grades. Teacher contact information can be accessed through the Staff Directory or Academic Departments links. Student grades can be monitored on www.JupiterGrades.com or Infinite Campus, whichever is utilized by the instructor. If you need log-in/password information, please contact the main office at (619) 656-2400 or email Assistant Principals' Secretary, Maria De Leon: maria.deleon2@sweetwaterschools.org.

COUNSELING CENTER STAFF

Your child has been assigned to a counselor based on his/her last name:

A - CAN Ms. Jessica Skinner jessica.skinner@sweetwaterschools.org CAO-ESTEMs. Araceli Loya araceli.lova@sweetwaterschools.org ESTI-HIL Ms. Sara Huerta sara.huerta@sweetwaterschools.org HIN-MARTIN Ms. Liliana Barron liliana.barron@sweetwaterschools.org Ms. Michelle Medina **MARTINEZ-PEREZ** graciela.medina@sweetwaterschools.org **PERI-SILVA** Ms. Sarah Mamaril sarah.mamaril@sweetwaterschools.org SIM-Z Ms. Grace Foust grace.foust@sweetwaterschools.org

James Turbeville—-*Counseling Secretary* Email: James.Turbeville@sweetwaterschools.org Rosalia Garcia—*Registrar* Email: <u>Rosalia.Garcia@sweetwaterschools.org</u>

SUPPORT STAFF

Lee Hoffman—*School Psychologist* E-mail: lee.hoffman@sweetwaterschools.org

Anarosela McCullough—*Speech Therapist* E-mail: anarosela.mccullough@sweetwaterschools.org

Alicia Pentz-Lopez —*Coordinator of Intervention* Services and Senior Class Advisor E-mail: Alicia.Pentz-Lopez@sweetwaterschools.org

NEW SEMESTER, FRESH START

Did your son or daughter's classes or teachers change this new semester? Many students had schedule adjustments for various reasons. In some cases, students moved into accelerated or honors classes if their teachers felt they were capable of being challenged at a higher level. For other students, the opposite occurred, and students were moved from accelerated, honors, or AP classes if they earned a D or F grade at the end of first semester. Other schedule changes were a result of an instructor's teaching schedule or because of a need to "balance" class sections to meet contractual caps. Adapting to change is an important life skill and while we don't arbitrarily make changes, we do encourage students to accept new classes and new teachers with a positive attitude. Please talk to your child about adjusting to change and encourage him/her to be open-minded about any newness being experienced. Remember -"change" is not necessarily bad; it's just different!

IMPORTANT MEETINGS for PARENTS:

- ✓ Parents of Freshmen: Student Led Conferences, February 20-23, in the Library (schedule details will be directed to families).
- ✓ Sophomore College Readiness Night: Wednesday, February 7th, 6:30 pm in the MPR.
- ✓ Sophomore Career Readiness Workshops: February 24

Counselor's Message

- ✓ Student Health and Well-Being Night: Tuesday, February 13th, 6:30 pm in the MPR.
- ✓ Building Student Success: Thursday, March 8th, 6:30 pm in the MPR. Designed for families needing support in improving the student's academic achievement.

COLLEGE ENTRANCE EXAMS

Nearly every four year college or university requires applicants to take either the SAT or ACT college entrance exams during high school in order to be considered for admission. It is recommended that these tests be taken in the spring of the junior year. Juniors should begin the registration process soon. An excellent way to prepare for the SAT is to review the PSAT results and use the free resources available through the College Board. Every sophomore and junior who took the PSAT in October is eligible for a free account with the College Board which connects them to an individualized study program based on their score results. In partnership with the Khan Academy, students can receive test prep guidance targeting needed areas of improvement as determined by their PSAT performance. By progressing through this program, students can strategically prepare for the SAT – and it's free! See the enclosed information sheet in this newsletter for detailed information on how and when to register for the SAT and ACT exams.

REMINDERS TO SENIORS

Now that the college application period is nearly over, there are several important things to keep in mind. First, complete and submit the FAFSA (Free Application for Federal Student Aid) if still not completed! The Free Application for Federal Student Aid is available online at: www.fafsa.ed.gov The FAFSA is an essential piece in maximizing resources for college financial aid. Due to application period beginning much earlier (in October vs. January in past years), various district sponsored events were offered first semester. However, it is NOT to late to submit the FAFSA and also to be considered for California state aid (priority deadline is March 2). There are two final Financial Aid Nights offered this month: January 18 (Chula Vista High, Theater and Drama Building, 6:00 pm) and January 25 (Mar Vista High, new Gymnasium, 6:00 pm). Both events offer an overview of financial aid and highlight important parts of the FAFSA application. Additionally, the "Cash for College" events on January 27 (Sweetwater HS) and February 3 (San Ysidro HS) offer individualized assistance on completing the FAFSA. Since many colleges use the FAFSA to qualify families for other institutional aid,

Olympian highly encourages every senior to submit the FAFSA and any other college aid applications required by the prospective schools. Second, we want to remind seniors to "stay the course" and maintain good grades. Just because vou are accepted this spring doesn't mean you can let your grades fall! Colleges DO rescind acceptances to seniors who receive D and F grades! Third, pay attention to deadlines. Scholarships, housing, and class registrations all have firm deadlines. Most colleges will provide all of their information to students via email or on their websites. Check e-mail often and read the communication thoroughly. Finally, if you've received a college rejection notice, try not to take it personally. Rejections of any kind are never easy, but they are common. You may have been rejected simply because the college had many similar applicants. There are many paths to a career and no single college leads to a sure thing in job placement. Consider that maybe the rejection isn't such a negative thing and may end up being a blessing in disguise. If you are truly committed to a given school, however, consider starting at another college and reapply later as a transfer student.

SENIORS: COMMUNITY SERVICE HOURS DUE: APRIL 6, 2018

In addition to meeting the SUHSD academic course requirements for graduation, students must also complete 30 hours of approved community service with non-profit organizations. The deadline to submit community service related documents to social science teachers is Friday, April 6, 2018. Please plan accordingly and make sure to keep a copy of your volunteer service papers for your records.

*Students who have cleared attendance/library fines, completed their community service hours, and maintained behavior standards/senior privileges will have priority to sign-up for their Grad Nite bus preference list.



Counselor's Message (cont.)

REGISTRATION FOR FALL 2018 CLASSES

Believe it or not, this is the time to be talking about next year's schedule with your child! Counselors will be in classrooms during February and March discussing graduation and college entrance requirements with students in preparation for class registrations. This is an appropriate time to discuss realistic and challenging course work with your student that meets not only the graduation requirements but also the university a-g requirements.

Students should choose a reasonable balance of the most rigorous courses appropriate for their skill level. In many cases, that means enrollment in some combination of accelerated, honors and Advanced Placement classes...a lot of hard work! Students in "stretch" classes tend to be more focused on their studies, experience a greater breadth and depth of discussion, and learn to adjust to the rigorous demands of reading assignments, written and oral work. The payoff for all this additional effort comes in the form of solid knowledge enhanced academics. а base. communication, and reasoning skills, and better preparation for college level work. The more challenging curriculum also yields benefits in the form of higher test scores and improved critical reading and writing skills. No matter what students choose to do in the future, these skills will be valuable.

Every student will be receiving materials on course offerings and requirements, and will be given a copy of their course selection form. Students will be reminded to share this information with you.

CALIFORNIA SCHOLARSHIP FEDERATION

The California Scholarship Federation is a scholastic honors society with each semester of membership based on excellent grades in both scholarship and citizenship. 10th, 11th, and 12th graders who receive "mostly" "A" and "B" grades in scholarship on the December 15 report card might qualify for membership, depending on the courses he/she completed. Specific requirements for registration are available in the Counseling Center and on the school website. CSF Life Membership is earned by having four or more semesters of membership, with at least one earned in the senior year. Life members sit in the front rows at the graduation ceremony and receive special recognition. CSF Registration for sophomores, juniors and seniors will take place right outside the Counseling Center during lunch from January 29th through February 9th, 2018. Students must turn in a completed application, a copy of the December grades, and \$5 for membership fees.

UC & CSU MINIMUM ENTRANCE REQUIREMENTS-"A – G"

The following courses **must be** completed with a grade of "C" or better:

- A. History/Social Science: 2 years required
- B. English: 4 years required
- C. Mathematics: 3 years required (including Integrated Math Course III); 4 years recommended
- D. Laboratory Science: 2 years required, 3 years recommended
- E. World Language: 2 years required in the same language, 3 years recommended
- F. Visual or Performing Arts: 1 year required
- G. College Preparatory Elective: 1 year required

Since competition to the University of California is intense, students should plan to take the **recommended** course work and earn a minimum grade of "B."

COMPACT FOR SUCCESS

Olympian students have a unique and valuable opportunity through the Sweetwater District's partnership with San Diego State University. Students who meet the six requirements below are guaranteed admission to SDSU upon graduation:

1. Apply to SDSU between Oct. 1st and Nov. 30th of senior year.

2. Be continuously enrolled in the District, grades 9-12.

3. Complete all of the a-g requirements with grades of C

or higher. No D or F grades in the senior year.

4. Take the SAT or ACT no later than November of senior year.

5. Maintain at least a 3.0 CSU GPA from the end of 11th grade through graduation (class of 2021 begins 3.1 GPA; *progressive GPA increase*)

6. Demonstrate English and math proficiencies by passing AP exams in English and Calculus, or meeting score requirements on EAP, SAT or ACT exams.. More details on the San Diego State University website:

http://compactforsuccess.sdsu.edu/compact/

COLLEGE ENTRANCE EXAM REQUIREMENTS

Most four year colleges and universities require high school students to take an entrance exam in order to be considered for admission. There are two testing programs, the SAT which is administered by the College Board, and the ACT which is produced by the American College Testing program. These tests are designed to assess high school students' general educational development and their ability to complete college-level work. Most colleges will accept either ACT or SAT scores; check with individual colleges to learn their specific requirements or ask your school guidance counselor. It is recommended that students take both the SAT and ACT, for most colleges will consider whichever score is highest when both are taken. The recommended time to take these exams is April —June of the junior year; however, students may take the exams prior to these times and there is no limit to the number of times the test can be taken. SDSU will not accept scores after November of 12th grade. Olympian High does not administer the tests nor do we accept registration forms. A limited number of registration packets are available in the counseling center and may be mailed with the appropriate fees, but we recommend that registration be done on-line. Links are available on our school website at www.suhsd.k12.ca.us/ohs/. When completing your application, remember to select "release scores" to all colleges to which you may apply. Use school code #3594 to release to all CSU campuses & save money.

University of California Requirements:

ACT Assessment plus Writing (\$62.50)*

Þor

SAT Reasoning plus Essay (\$60.00)*

SAT Subject Tests recommended for some majors

California State Universities Requirements:

ACT Assessment (\$46.00) *

bor

SAT Reasoning Test (\$46.00)*

Private Colleges and Universities Test Requirements:

Contact the specific college or university for information. Useful websites include www.collegeboard.com and www.princetonreview.com.

*-Fee waivers are available from your AP Coordinator for students who meet income requirements & are on the free /reduced lunch program.

SAT

ACT

Read the important website details and Register at www.act.org

Read the important website details and Register at www.collegeboard.org

SAT TEST DATE **REGISTRATION DEADLINE** August 26, 2017 July 28, 2017 October 7, 2017 September 8, 2017 November 4, 2017 October 5, 2017 December 2, 2017 November 2, 2017 March 10. 2018 February 9, 2018 May 5, 2018 April 6, 2018 June 2, 2018 May 3, 2018

ACT TEST DATE	REGISTRATION DEADLINE
September 9, 2017	August 4, 2017
October 28, 2017	September 22, 2017
December 9, 2017	November 3, 2017
February 10, 2018	January 12, 2018
April 14, 2018	March 9, 2018
June 9, 201	May 4, 2018
July 14, 2018	June 15 2018

OLYMPIAN HIGH SCHOOL CODE IS 054072

Student Reflection Through Metacognitive Experiences

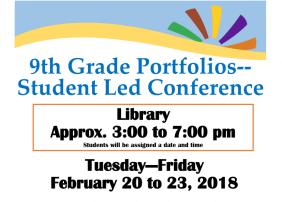
(for all 9th 10th, 11th, and 12th grade students and their parents)

Freshman Student-Led Conferences with Parents

On February 20 –23, 2018 all 9^{th} grade students will be involved in a formal Student-Led Conference with their parent or guardian. In the process (a metacognitive reflection of their work and growth as a student), students will prepare and present their e-portfolio with samples of their work as evidence of their progress during the first semester. Each digit work artifact is used to show an understanding of the important academic literacy skills necessary for success in college and career.

The purpose of this requirement is two-fold:

- To help students develop metacognition by encouraging them to reflect on the quality of their work, thinking and the degree to which they have acquired the identified college readiness skills.
- This process also fosters goal-setting for future academic success. To help parents connect with their students by discussing student work as well as their overall academic progress.



Join us in this extraordinary Olympian tradition! A 9th grade milestone for our students to demonstrate and evaluate their own learning of college readiness skills and habits of mind. This is a time for parents to enjoy, appreciate, support, and evaluate their son/daughter's progress toward excellence.



In the conclusion of the process, students and parents reflect on the student's learning strengths and areas for growth and work together to set academic goals for second semester. This engaging activity, based on student work, requires students to examine the quality of their work in relationship to their college preparation.

Student-Led Conference Schedule

TUESDAY-February 20th, 2018		WEDNESDAY-February 21st, 2018		
By Last NAME: ALBOS-DINO		By Last NAME: <u>DOBSON- LAWRENCE</u>		
Last Name	Start-End Time	Last Name	Start-End Time	
Albos - Ames	3:15pm - 4:00pm	Dobson - Fedalizo	3:15pm - 4:00pm	
Amisu - Barrios	4:00pm - 4:45pm	Felarca - Gardner, A.	4:00pm - 4:45pm	
Barron - Carbajal	4:45pm - 5:30pm	Garibay - Guerrero, Kaitlynn	4:45pm - 5:30pm	
Carlseen - Costa	5:30pm - 6:15pm	Guerrero, Natalia - Jacob A.	5:30pm - 6:15pm	
Cross - Dino	6:15pm - 7:00pm	Javier, K Lawrence, S.	6:15pm - 7:00pm	
THURSDAY - February 22nd, 20	18	FRIDAY - February 23nd, 2018		
By Last NAME: <u>LAYSON - REYI</u>	<u>ES, J.</u>	By Last NAME: <u><i>RICO, F ZU</i></u>	<u>INIGA, M.</u>	
Last Name	Start-End Time	Last Name	Start-End Time	
Layson, D- Marshburn, G	3:15pm - 4:00pm	Rico, F Sampsan, M.	3:15pm - 4:00pm	
Martin Del Campo - Mendoza, Sara	4:00pm - 4:45pm	Samuel, J - Smith, J.	4:00pm - 4:45pm	
Meweseso, I - Noriega, O	4:45pm - 5:30pm	Smith, W - Troncosco, Heddy	4:45pm - 5:30pm	
Obregon - Pena-Lopez, J	5:30pm - 6:15pm	Troncosco, Heilynn - Wilburn, J.	5:30pm - 6:15pm	
Perez, A - Reyes J	6:15pm - 7:00pm	Williams, J Zuniga, M.	6:15pm - 7:00pm	

Sophomore College and Career Readiness Series

Our three-part series on college and career readiness is an opportunity for all 10th grade students to reflect on their degree of college/career readiness, develop a strategic plan to address areas of weaknesses, and continue career exploration. The series will be on the following dates:

• Part I: February 7th, 2018 - 6:30 pm in the MPR

~ PSAT scores are distributed and the counseling staff presents on PSAT score interpretation and SAT resources

• Part II: February 10, 2018 - 10:00 am in the MPR

~ Attend workshops with presenters from various professional careers

• Part III: April 19, 2018 - 6:00 pm at the San Diego Convention Center

~ FREE National College Fair with state universities, private universities, community colleges, and career/technical colleges all over the country

Junior Exhibition with Parents

Each 11th grader at Olympian High School is currently in the process of developing a portfolio of student work that will measure their college readiness and preparation for the college admission process. The requirements for the portfolio have been provided to each junior in writing and are being discussed and incorporated in their daily English class work.

On May 21—23, 2018 all 11th grade students will engage in a conversation with their parent that requires an academic reflection of their learning and their progress toward being "on track" for admission to a four-year college or university. Upon completion of this reflective process, each student will work with their parents and counselor to develop an academic plan for their senior year. This is an important family conference that will culminate with a class schedule and an improved academic plan for each senior that will be supported by parents and school personnel.

Note: Written guidelines for these required student activities have been provided to all students and this process is being guided by each student's English teacher.

Common Senior Experience Advocates for Animals

"Every person and every living creature," Leo Tolstoy wrote, "has a sacred right to the 'gladness of springtime." Chapter 4, Farm Sanctuary

"More times than I can say, I have asked myself how we as a society could collectively fail to provide the vast majority of animals under our care with even the most basic humane protection." Chapter 12, Farm Sanctuary

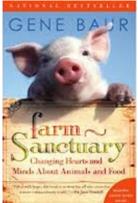
All seniors will read and analyze themes from *Farm Sanctuary*, by Gene Baur. Olympian High School pledges to engage students in curriculum and activities designed to build life-long awareness regarding the issue of animal cruelty prevention, specifically the exploitation and abuse of domestic, farm, and wild animals.

exploitation and abuse of domestic, farm, and wild animals. On January 31, 2018, Gene Baur author of Farm Sanctuary will visit Olympian High School. Mr. Baur will present information from his book and his non-profit organization Farm Sanctuary to the entire senior class. This presentation will be held as part of the Common Senior Experience. This is a significant event, as it is the second time an author from the

tion will be held as part of the Common Senior Experience. This is a significant event, as it is the second time an author from the CSE book has come out to our school.

<u>Goals</u>: To raise funds and awareness for Farm Sanctuary.org, a non-profit organization that protects farm animals from cruelty, and inspires change in the way society views and treats farm animals. Farm Sanctuary was founded in 1986 to combat the abuses of factory farming and encourage a new awareness and understanding about the exploitation of farm animals. Today, Farm Sanctuary is the nation's largest and most effective farm animal rescue and protection organization. Farm Sanctuary is committed to ending cruelty to farm animals through rescue, education, and advocacy efforts.

Please join our senior class as they exhibit what they learned and accomplished during the Senior Showcase on May 24, 2018 at 6:00 pm in the gym.



Parent Visitation Day:

Friday, Feb. 2, 2018 - 7:30 am -12:05 pm

You are invited to our 12th annual Parent Visitation Day! Please take this opportunity to experience the academic rigor and classroom expectations at Olympian High School, re-establish connections with staff, and meet with Ms. Cordero and the site leadership team for a progress report on the school and student achievement results. The schedule will be as follows:

- Sign-in and pick up class schedule in the MPR from 7:00 a.m. to 7:25 a.m.
- Attend as many class periods as you can. We encourage you to spend the whole day from 7:00 a.m. -12:05 p.m.
- Join Ms. Cordero for lunch (only for parents/ guardians) from 12:05 p.m. -1:05 p.m.

If you are able to attend, please call and RSVP. RSVP at 656-2400. Please use the App below to look up your student Schedule.

Día de Visitas de los Padres:

Viernes, 2 de Febrero de 2018 de 7:30 am-12:05 pm

Los invitamos a nuestro 12 ° año de visitación anual de los padres! Aproveche esta oportunidad para experimentar las expectativas académicas de rigor de Olympian High School, restablecer las conexiones con el personal y reunirse con la Directora Ms. Cordero y el equipo de liderazgo de sitio para un informe sobre los resultados de logro escolar y estudiantil. La programación será la siguiente:

- La hora de registrarse y tomar un horario de clases es a las 7:00 am a 7:25 am.
- Asistir a todas las classes ó la mayor parte de ellas de 7:00 am a 12:05 pm.
- Acompañar a la Directora Ms. Cordero en la hora de comida (sólo para los padres/tutores) de 12:05 pm a 1:05 pm.

Si usted puede asistir, por favor llamenos al 619-656-2400. Por favor use el siguiente App para observar el horario del estudiante.

Username: Student ID



Password: first initial, last initial, 6 digit birthday

APP: Download Infinite Campus Log in the same way as portal above

If asked: District Name: Sweetwater Union High. If asked: District Code: FCPXPV

PTSO

(Parent/Teacher/Student Organization)

The mission of PTSO is to raise funds that will support endeavors to prepare each graduate for success in a four year college or university.

Ways to Support the PTSO

• Become a member! Membership fees: \$20.00 per family per year; Make checks payable to "Olympian High School PTSO" and complete membership enrollment envelop or form. Membership goes to support the school's mission and enhance the academic and enrichment opportunities for Olympian. • Enroll in the SAT or ACT Prep Course. \$250.00 per student: Chose one:

Note: 2017-18 SAT Dates:

Mock SAT Exam July 29th or Aug. 5th SAT Prep Couse 8/12-9/16, 8 am –Noon SAT Prep Course 10/14-11/18, 8 am – Noon ACT Prep Course 1/27/18-3/3/18, 8 am – Noon SAT Prep Course 4/14-5/19, 1 pm - 5 pm Summer SAT Prep Course (4 days): Start June 18, 2018, 1-4 pm

• ESCRIP—Have participating merchants donate a percentage of your purchases to the Olympian High School PTSO. To enroll go to <u>www.escrip.com</u>, enter code **500005864**, click the group name Olympian High PTSO. You can ask your family and friends all over the country to support the PTSO by following the same steps!

• Office Depot—When you shop at Office Depot mention to the sales associate you would like to give credit to Olympian High School.

• Enroll in the online I DRIVE SAFELY Program. This is an online driver education class to get started go to:

http//:www.idrivesafely.com/ca-olympian

• Attend monthly Coffee with the Principal— Schedule TBD: will be posted to website.

 \cdot Contribute to and support PTSO sponsored engagements or volunteer opportunities. Share your time, talents, services, and donations to help enhance the academic and enrichment activities for the OHS students, teachers, staff, counselors, and administration.

PTSO Executive Board Officers 2017-2018

Note: 2017-18 Board Officers

President— Colvert Burgos Vice President— Fatima Larcome Secretary— Marie Laygo Treasurer— Juliet Buenviaje Parliamentarian—Ivonne Martinez Historian— Janet Uson Teacher Representative – Stephen DiSantis Student Representative – Ali Martinez

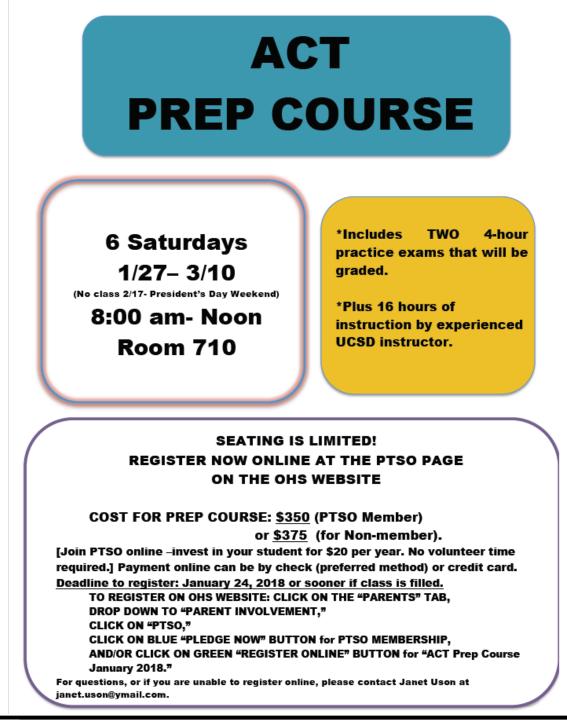
For more information contact PTSO via email: <u>olympianhigh-schoolsptso@gmail.com</u> or the school office at 656-2400



UCSD SAT & ACT Prep Course at Olympian High School 2018



OHS PTSO and the UCSD College of Extended Studies are offering an exciting opportunity to prepare for the SAT or ACT at Olympian High School. These courses are designed for the student whose busy lifestyle demands efficient preparation in a condensed amount of time by focusing on the test topics that impact your score the most. The prep course will help you score higher on the SAT or ACT with exclusive test-taking tactics specifically designed to increase your score. Students will receive 16 hours of instruction, take practice tests and analyze the results.



Parents Corner

School-Level Parental Involvement Policy Olympian High School

Olympian High School has developed a written parental involvement policy with input from School Site Council parents. This policy was developed, shown and discussed in SSC with parent input before voting it into action. It has distributed the policy to all parents. This policy is displayed on our school website as well as in our office. The policy describes the means for carrying out the following parental involvement requirements [20 USC 6318 Section 1118(a)-(f) inclusive].

Involvement of Parents in the school

To involve parents at Olympian High School, the following practices have been established:

- * The school convenes an annual meeting to inform parents of School Site Council, EIA-SCE and ELAC including information about requirements of each parent group and about the right of parents to be involved in the parent group.
 - All SSC and ELAC meetings are displayed on our school website in the beginning of the year.
 - IC Messenger calls are made before all ELAC meetings only to that particular group.
 - Requirements for each group are given to members at the first meeting of the year and are displayed on the school website.
- * The school offers a flexible number of meetings for parents, such as meetings in the morning or evening.
 - ♦ SSC and ELAC meetings are held in the morning and afternoon.
 - Olympian High School also offers monthly Coffee with the Principal in the evenings.
 - Parents are asked to vote in ELAC whether they prefer morning or afternoon meetings.
- * The school involves parents in an organized, ongoing, and timely way, in the planning, review*, and improvement of the school's programs and the parental involvement policy.**
 - The school provides parents with timely information about the school's programs. *IC Messenger, Updated School Website: http://olh.sweetwaterschools.org/*
 - The school provides parents with an explanation of the curriculum used at the school, the assessments used to measure student progress, and the proficiency levels students are expected to meet.
 - Olympian High School's College Readiness Skills and Habits of Mind are posted and explained on our school's website.
 - Course syllabi are uploaded to the school website.
 - An explanation of the new Common Core Standards are posted and explained on our website.
- * If requested by parents, the school provides opportunities for regular meetings that allow the parents to participate in decisions relating to the education of their children.
- Meetings are held each year for ELAC, AP, Special Ed., and struggling students to explain and help parents make choices for the education of their children.

**The policy must be updated periodically to meet changing needs of parents and the school. If the school has a process in place for involving parents in planning and designing the school's programs, the school may use that process if it includes adequate representation of parents. [20 USC 6318 Section 1118(c)(3)]

School-Parent Compact

Olympian High School distributes to all parents a school-parent compact. The compact, which has been jointly developed

Parents Corner (Continues)

with parents, outlines how parents, the entire school staff, and students will share the responsibility for improved student academic achievement. It describes specific ways the school and families will partner to help children achieve the State's high academic standards. It addresses the following legally required items, as well as other items suggested by parents.

- The school's responsibility to provide high-quality curriculum and instruction
- The ways parents will be responsible for supporting their children's learning
- The importance of ongoing communication between parents and teachers through, at a minimum, annual parent-teacher conferences; frequent reports on student progress; access to staff; opportunities for parents to volunteer and participate in their child's class; and opportunities to observe classroom activities

Building Capacity for Involvement

Olympian High School engages all parents in meaningful interactions with the school. It supports a partnership among staff, parents, and the community to improve student academic achievement. To help reach these goals, the school has established the following practices.

- The school provides all parents with assistance in understanding the State's academic content standards, assessments, and how to monitor and improve the achievement of their children.
- Common Core standards are explained on website links that are provided for parents to see what upcoming assessments will look like. *CAASP/SBAC assessment information is provided on our school website.
- The school offers all parents materials and training to help them work with their children to improve their children's achievement. *Parent workshops are conducted both in Spanish and in English to provide parents with training that will help their students both academically and emotionally.
- With the assistance of parents, the school educates staff members about the value of parent contributions, and in how to work with parents as equal partners. **Faculty meeting trainings*.
- The school coordinates and integrates the parental involvement program with other programs, and conducts other activities, such as parent resource centers, to encourage and support parents in more fully participating in the education of their children. *OHS has a parent center that provides a place for parents to go to use a computer, meet with teachers and administrators, as well as talk with other parents.
- The school distributes Information related to school and parent programs, meetings, and other activities to all parents in a format and language that the parents understand. *School Messenger calls are made before each meeting in both English and Spanish. *Email reminders about meeting are made in both English and Spanish. *Any correspondence sent home is provided in both English and Spanish.
- The school provides support for parental involvement activities requested by all parents. *Parent suggestions are welcomed in all parents meetings. *Suggestions of possible topics are taken into consideration when planning the next agenda for the next meeting.

Accessibility

Olympian High School provides opportunities for the participation of all parents, including parents with limited English proficiency, parents with disabilities, and parents of migratory students. Information and school reports are provided in a format and language that parents understand.

* IC Messenger, emails, letters and meetings are held in both English and Spanish.

*ELAC meetings are offered several times a year with input from English Learner students' parents as to topics they want more information about.

Espacio para Padres

Politica de participación de padres de familia de Olympian High School

La escuela Olympian desarrollo una politica escrita de inclusion de padres con aportes al consejo escolar. Dicha politica fué desarrollada, expuesta, y discutida en las juntas del consejo (SSC por sus siglas en inglés), y sometida a votación antes de ser ratificada. La política se distribuyo a todos los padres de familia y está disponible en la página de *Internet* de la escuela, y en la dirección del plantel. Dicha política describe los medios para llevar a cabo los siguientes requerimientos de inclusion de padres [20 USC 6318 articulo 1118(a)-(f) inclusive].

Participación de los padres de familia en el plantel escolar

Se establecieron las siguientes practicas para involucrar a los padres de familia a la escuela Olympian:

- La escuela convoca una reunion annual para informar a los padres del Consejo Escolar, EIA-SCE y ELAC, incluyendo informacion acerca de los requisitos y derechos de participación de los padres en cada grupo.
 - A principio del ciclo escolar, toda junta de SSC y ELAC se anuncia en la página de *Internet* del plantel.
 - Antes de la reunion de ELAC se notifica a los padres de familia de cada grupo sobre dicha junta por medio del sistema *IC Messenger*.
 - Se comparten los requisitos para cada grupo durante la primera reunion del año y se anuncian en la página de Internet del plantel.
- En la escuela se llevan a cabo reuniones para padres en diversos horarios, tanto en la mañana, como en la tarde.
 - ♦ Las juntas de SSC y ELAC se llevan a cabo en la mañana y tarde.
 - ◊ La escuela tambien ofrece en la tarde un café mensual con la Directora.
 - En el comité de ELAC, se solicita a los padres de familia votar para decidir si las juntas se llevarán a cabo en la manana o en la tarde.
- La escuela involucra a los padres de familia de manera organizada, constante y oportuna, en la planificación, revisión **, y mejoramiento de los programas que se ofrecen y en la politica de participación de los padres de familia.***
 - La escuela provee a los padres con información oportuna sobre los programas por medio de llamadas del sistema telefónico automatizado *IC Messenger*, el boletin *Eagle Eye*, y la página de *Internet* del plantel.
 - La escuela provee a los padres una explicación del curriculum, los examenes usados para medir el progreso de los estudiantes, y los niveles de dominio que se esperan de ellos.
 - El plan de estudio se actualiza en la pagina de Internet del plantel, y en el boletin Eagle Eye.
 - En la pagina de Internet del plantel, y en el boletin *Eagle Eye* se incluyen ejemplos y explicaciones de las nuevos estandares common core.
- * Si es requerido por los padres, la escuela provee oportunidades de reuniones regulares que les permitan participar

Espacio para Padres

en el proceso de la toma de decisions relacionadas con la educacion de sus hijos. * Las juntas de ELAC, AP, Educación

Especial, y de alumnos con dificultades, se convocan anualmente para explicar y ayudar a los padres de familia a tomar decisiones en cuanto a la educación de su hijos.

**La politica se debe actualizar periodicamente para satisfacer las cambiantes necesidades de los padres y la escuela. Si la escuela cuenta con un proceso establecido que involucre los padres en la planeacion y diseno de los programas escolares, la escuela puede utilizar dicho proceso si esta incluye la representacion adecuada de los padres de familia. [20 USC 6318 articulo 1118(c)(3)].

Convenio entre los padres - escuela

Olympian High School distribuye a todos los padres el convenio escuela-padres de familia. El convenio, el cual ha sido desarrollado conjuntamente con padres describe la manera como se compartiran las responsabilidades, Ipara mejorar los logros academicos del estudiante. Este describe maneras especificas en que la escuela y las familias ayudaran a los ninos a conseguir los altos estandares academicos del estado. Este cubre los siguientes puntos legales, asi como sugerencias de los padres.

- La responsabilidad de la escuela para proveer un curriculum e instruccion de alta calidad.
- La forma en que los padres seran responsables por apoyar el aprendizaje de sus hijos.
- La importancia de una comunicacion constante entre padres y profesores a traves de un minimo de conferencias anuales, padre-profesor; reports frecuentes sobre el progreso del estudiante; acceso al personal del plantel, oportunidades para los padres de participar como voluntarios en las clases de los ninos.

Como desarrollar la capacidad de participacion?

En Olympian High School los padres de familia interactuan con el personal escolar. Lo anterior fomenta un ambiente de cooperacion entre la escuela, los padres de familia, y los miembros de la comunidad para mejorar el rendimiento estudiantil. Con lo anterior, se establecieron las siguientes practicas con el fin de lograr dichas metas:

- La escuela provee a los padres con asistencia a entender los estandares estatales de contenido academico del estado, las evaluaciones y como supervisar y mejorar los logros de sus hijos.
- La evaluacion CAASP/SBAC se proveera en el sitio de internet de la escuela.

*En la pagina de *Internet* del plantel se proporcionan enlaces que explican los estandares basicos comunes, para que los padres de familia vean ejemplos del tipo de trabajo que el alumno debe desempenar.

 *La escuela ofrece a todos padres materiales y entrenamiento para ayudarlos a trabajar con sus hijos y mejorar sus logros. Se conducen talleres para padres tanto en ingles como en espanol, para proveerles entrenamiento que ayudara a los estudiantes tanto academica como emocionalmente.

Espacio para Padres

- Con la asistencia de padres la escuela educa a los miembros del plantel acerca del valor de las contribuciones de los padres y en como trabajar como companeros.
- La escuela coordina e integra el programa de inclusion de padres con otros programas y actividades tales como el como el centro de recursos, con el fin de apoyar a los padres a participar ampliamente en la educacion de sus hijos. *OHS cuenta con un centro para padres que provee un espacio para el uso de un computador, reuinirse con profesores y administradores asi tambien como con otros padres.
- El personal escolar difunde informacion a los padres de familia sobre juntas, y otras actividades, en un formato y lenguaje que los padres entiendan. *Antes de las juntas, se hacen llamadas telefonicas a los padres de familia por medio del sistema automatizado *IC Messenger;* las llamadas se hacen antes de cada junta en ingles y espanol. *Se envian recordatorios de las juntas via correo electronico en ingles y espanol. *Toda correspondencia enviada a casa es en ingles y espanol.
- El personal escolar brinda apoyo para las actividades de participacion de padres. En las juntas de padres se acepta toda sugerencia. *Se consideran todas las sugerencias en cuanto a posibles temas para las juntas antes de planificar la orden del dia de la proxima junta.

Acceso

Olympian High School ofrece oportunidades de participacion para los padres, incluyendo padres con conocimiento limitado del ingles, padres con discapacidades, y de alumnos migrantes. La informacion y reports escolares son suministrados en un format y language que entiendan los padres.

*Sistema telefonico automatizado IC Messenger, correo electronico, las cartas se envian en ingles y espanol.

*Las reuniones del ELAC son ofrecidas varias veces al ano. En dichas juntas, las padres de alumnos en vias de aprender ingles sugieren temas de los que desean mas informacion.

*Los talleres de PIQE se ofrecen a padres de familia que hablan espanol para capacitarlos en el sistema educativo estadounidense.

Parent-Student-Teacher Compact: 2017-2018

Parents will:

- Communicate regularly with the school staff.
- Provide a positive, supportive home environment that includes high academic expectations that are appropriate and realistic.
- Be firm yet supportive in encouraging high expectations.
- Assume responsibility for your child's behavior and progress at school and encourage your child's growth towards developing responsibility.
- Be actively aware and involved in your child's class assignments, activities and grades.
- Model respect for others, respect for cultural diversity, hard work, self-discipline, and pride of ownership.
- Send your child to school on time everyday ready to learn.
- Celebrate your child's successes.

Teachers will:

- Communicate student progress regularly with parents.
- All staff will respond to any inquiry within 48 hours.
- Always be well prepared to teach.
- Provide a safe and nurturing classroom environment that challenges and engages students and supports a successful classroom experience.
- Be respectful and approachable when dealing with students and parents.
- Implement fair and consistent disciplinary practices that encourage positive attitudes and appropriate behavior.
- Support student involvement in extra-curricular activities.
- Build relationships with students and attend extra-curricular activities.
- Model life-long learning and embrace collaboration and professional growth activities that promote creative instructional strategies and enhance technological skills.
- Celebrate students' successes.

Students will:

- Be <u>present</u> in school and on time to class every day.
- Be positive in their attitude and approach to school, problem-solving and in relationships with students and adults.
- Be <u>persistent</u> and give their best effort in academic preparation and during class time; never give up.
- Be <u>respectful</u> of individual and cultural differences.
- Maintain <u>integrity</u> in their work and not support or participate in plagiarism or cheating.
- Be <u>honest</u> in all situations.

Print Student Name:	Per. 2 Teacher:
Student Signature:	Date:
Parent Signature:	Date:
Principal's Signature:	Date:

Convenio entre padres de familia, alumnos, y maestros Ciclo escolar 2017-2018

Como padre de familia:

- + Me comunicare regularmente con el personal de la escuela.
- + Proporcionare un ambiente positivo y de apoyo en el hogar, que incluya altas expectativas academicas apropiadas y realistas.
- + Sere firme, pero comprensivo, en el cumplimento de las altas expectativas que anhelo para mi hijo (a).
- Asumire la responsabilidad de la conducta y el progreso academico de mi hijo (a) y lo animare (a) a madurar y a asumir sus propias responsabilidades.
- + Estare activamente involucrado y al pendiente de las tareas, actividades, y calificaciones de mi hijo (a).
- Dare ejemplo de respeto por los demas, frente a la diversidad cultural, a la dedicación por el trabajo, autodisciplina, y orgullo por el deber cumplido.
- + Enviare a mi hijo (a) a la escuela diariamente listo para aprender.
- ✦ Reconocere los exitos de mi hijo (a).

Como maestro (a) :

- + Me comunicare de manera constante con los padres de familia sobre el progreso de su hijo (a).
- + Respondere a cualquier inquietud en un lapso de 48 horas.
- + Siempre estare bien preparado para ensenar.
- Proveere un ambiente seguro y acogedor, e incentivare el intelecto de mis alumnos para que tengan una experiencia satisfactoria en el salon de clase.
- + Sere respetuoso y accesible cuando sea requerido por padres de familia y alumnos.
- Implementare medidas de disciplina justas y constantes que animen a los alumnos a tener actitud positiva y conducta adecuada.
- + Apoyare la participacion de los alumnos en actividades extracurriculares.
- + Construire una relacion estrecha con los alumnos y acudire a eventos extracurriculares.
- ★ Sere ejemplo de persona que aprende a lo largo de su vida, y adhiere a la colaboracion y a las actividades de crecimiento professional que promuevan estrategias instruccionales creativas y mejoren las destrezas technologicas.
- ✦ Reconocere el exito de los alumnos.

Como alumno (a) me comprometo a:

- + Estare presente en la escuela a tiempo cada dia de clase.
- Sere <u>positivo</u> en actitud y enfoque en la escuela, en la solucion de problemas, y en la relacion con estudiantes y adultos.
- + Sere persistente y dare el mejor esfuerzo en la preparación academica y durante las horas de clases. Jamas me rendire!
- + Sere respetuoso de la diversidad individual y cultural.
- + Mantendre la integridad en el trabajo escolar y no apoyare o participare en plagio o trampa.
- ✦ Sere <u>honesto</u> en toda situación.

Nombre del alumna en letra de molde:	Maestro (a) 2do. Period:
Firma de!alumno (a):	Fecha:
Firma de! padre o madre:	Fecha:
Firma del director:	Fecha:

TEACHER OF THE YEAR

It's that time of the year again to submit your nomination for Olympian's Teacher of the Year. Teachers, counselors, administrations, classified staff, parents, and students may nominate one teacher candidate for consideration. All nominations were submitted to the ballot box located in Mrs. Ana Cardoza's office by 3:00 p.m., Monday January 22, 2017. Selection criteria -Teachers nominated were to be a permanent teacher in our district for at least 8 years; must have permanent status in the district; no plans of retiring next year; and lastly no plans of going into an administrative position next year. Olympian's past Teacher of the Year are as follows:

2017—Melody Morris	2018—Morgan Stilwell
2015—Sarah Shepard	2016—Lori Freiermuth
2014—Viana Rodriguez	2013—Steve Rodriguez
2012– Julio Avasan	2011—Valerie Separa
2010—Lynn More	2009—Eric Mabrey
2008—Anna Lara	2007– Carrie Danielson



Cap, Gown, Tassel, Graduation Announcements and other Graduation Items

San Diego Graduate Supply

641 El Cajon Blvd

El Cajon, CA 92020 **Phone:**619-440-5426

Email: sdgrad@cox.net Website: www.sdgrad.com

IMPORTANT!

If you want to keep the cap, gown & tassel, you must order one through San Diego Grad and Supply for only \$22.75. A previously used Loaner Cap, Gown & tassel are available to order after March 1st. The entire Loaner unit (all 3 pieces) will need to be returned immediately following the graduation ceremony, in reusable condition.



ASB Update-Seniors



Grad Nite

Disney Grad Nite - Friday June 1 - Saturday June 2, 2018

Tickets are on sale for \$200 in the ASB or the OHS Webstore. Tickets include charter bus transportation, ticket to Disneyland/California Adventure, and exclusive access to Disney Senior Grad Nite celebration.

We only have 200 tickets left and they are sold on a first come, first served basis.

Please note:

- NO refunds.
- + Credit card or cash only.
- + Senior Items/Events may NOT be transferred, exchanged, or resold.
- + Senior Items/Events are non-refundable. All events require prepayment and thus cannot be canceled.
- + Seniors must have a current Olympian High or California photo ID to purchase Senior Items/Events and to gain entrance to all activities.

Students with outstanding detentions, Saturday schools, library fees, and/or are on the non-privilege list will not be able to participate in Senior Activities.

Prom

Saturday, May 19, 2018 at the Hotel Del Coronado from 7-11pm

Tickets on sale for \$90/person in the ASB or the OHS Webstore.

Please note:

- + NO refunds.
- + Credit card or cash only.
- + Senior Items/Events may NOT be transferred, exchanged, or resold.
- + Senior Items/Events are non-refundable. All events require prepayment and thus cannot be canceled.
- + Seniors must have a current Olympian High or California photo ID to purchase Senior Items/Events and to gain entrance to all activities.

+ Students with outstanding detentions, Saturday schools, library fees, and/or are on the non-privilege list will not be able to participate in Senior Activities.

See the ASB for rules regarding outside guests.

More information about the event will be sent out soon.

Olympian High School 2018 Graduation Ceremony

Wednesday, June 6, 2018 at 9:00 a.m. at Southwestern Community College.

Guests do NOT need tickets. Seating is first come, first served.

More information about the ceremony will be sent out soon.



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Athletics

Spring Sports Tryouts are just around the corner!! Don't miss out on these important dates:

Athletic Clearances: Register at www.olympianeagleathletics.com Open January 29th through February 23rd; Physical cannot expire before Jun 1, 2018 Spring Sports Parent Meeting: Thursday, February 22nd, 6:30pm in the gym Spring Sports Athlete Meeting: Friday, February 23rd, 3:00pm in the gym

Tryouts start February 17th, except Swim & Dive and Tennis begin Feb. 10th!!

Baseball (Coach Dawson) olympianhsbb@gmail.com

Softball (Coach Gross) olympiansoftball@gmail.com

Swim & Dive (TBD)

Boy's Tennis (Coach Navarro) bnavarro@prolineimage.com

Track & Field (Coach Adkins) olympiantrack@sbcglobal.net

Boys' Volleyball (Coach Razo) Josephrazo13@gmail.com

Lacrosse Girl's & Boy's (Coach Quigley & Coach Friedly) puckidz@gmail.com; maureenfriedly@icloud.com

> Boy's Golf (Coach Warren) gilwarren@hotmail.com

California Assessment of Student Performance and Progress (CAASPP) TESTING

Sophomores - April 19

The California Science Test or CAST is part of the state testing program called the California Assessment of Student Performance and Progress or CAASPP. The CAASPP System is designed to give information to teachers, students, and their families about what students know and are able to do. It also indicates whether they are on track to be ready for success in college or career when they graduate from high school.

Who Takes the Test: All Sophomores

What does it assess: California has adopted science standards called the California Next Generation Science Standards (CA NGSS). These standards tell us what students should know and be able to do in science. The CA NGSS is designed to help students understand how science works in the natural world. They also help students learn the knowledge and skills they need for college and careers. The CAST will also test the student's ability to think critically and solve problems like scientists and engineers.



How will students be tested: The CAST is a computer-based test that has many different types of questions that allow students to interact with the test content in exciting new ways. For example, your child might be asked to write a short response, select multiple answers from a list, or drag sentences into the correct order to form an answer. Testing should take approximately two hours to complete.

How can I help my child get ready for the test? You are an important part of your child's education. Some things you can do to help your child are: " Discuss the test with your child. Make sure they are not scared or anxious. " Tell your child that you and their teacher have high expectations and that you are both there to help them every step of the way. " Take a training test with your child. Training tests can be found at http://www.caaspp.org/practice-and-training/index.html "

Make sure your child gets a good night's sleep and a nutritious breakfast before testing. Additional Information More information about the CAST can be found on the California Department of Education California Science Test Web page at http://www.cde.ca.gov/ta/tg/ca/ caasppscience.asp.

Juniors: April 11 - June 1

Every spring, students in grade eleven take the Smarter Balanced Summative Assessments for English language arts/literacy (ELA) and mathematics. These assessments are part of the California Assessment of Student Performance and Progress (CAASPP) System. Results from these assessments are just one piece of information to help teachers, parents, and students understand how well a student is meeting the grade-level expectations. Here are some suggestions to help you better understand what your child will be tested on and how you can prepare your child for the assessments.

FIND OUT THE FACTS. To start, students will take the Smarter Balanced Summative Assessments between **April 11—June 1**. Students usually take the ELA and mathematics tests on different days. Since the test includes questions that measure critical thinking and problem solving they do take longer than "fill in the bubble" tests given on paper. However, the tests are untimed, so students will have plenty of time to finish. For more information about the Smarter Balanced Summative Assessments, talk to Mr. Patterson and visit <u>http://bealearninghero.org/classroom/smarter-balanced.</u>

TAKE A LOOK AT THE PRACTICE TEST. This will help you better understand the types of questions your child will be answering. You may want to walk through the test with your child to help familiarize him or her with the test format and features and answer any questions. To see a practice test, visit the California Department of Education's (CDE's) Smarter Balanced Practice Tests Web page at http://www.cde.ca.gov/ta/tg/sa/practicetest.asp.

(CAASPP) TESTING (continues)

KNOW WHAT YOUR CHILD SHOULD BE LEARNING IN ELA AND MATHEMATICS. TO

find out the learning expectations of your child's grade level in both subjects, take a look at the CDE's Parent Guides to the Smarter Balanced Summative Assessments at

<u>http://www.cde.ca.gov/ta/tg/ca/caasppssrinfo.asp</u>. The guides explain the skills and knowledge your child is expected to learn each year. You can also see samples of test items that appear on the Smarter Balanced Summative Assessments.

USE YOUR CHILD'S TEST RESULTS FROM LAST YEAR TO IDENTIFY AREAS WHERE HE OR SHE MIGHT NEED ADDITIONAL SUPPORT. Talk with your child's teacher to see what

types of supplemental activities you can do at home. Find activities that match your child's performance in both subjects in the Be a Learning Hero Skill Builder at <u>http://bealearninghero.org/skill-builder.</u>

PRACTICE! PRACTICE! PRACTICE! Homework is a great way to reinforce the skills and content your child learns everyday in the classroom and that the tests measures. In addition to the state tests, it is another measure you can use to see how well your child is progressing throughout the year. For sample problems and questions along with solutions and answers, visit http://www.smarterbalanced.org/assessments/sample-questions/.



Please contact Assistant Principal Mr. Patterson at 619-656-2400 if you have any questions regarding CAASPP testing.

Advanced Placement Exam Dates and Fees

Week 1	Monday, May 7	Tuesday, May 8	Wednesday, May 9	Thursday, May 10	Friday, May 11
8:00 AM	Chemistry	Spanish Lang.& Clt	Finglish Lit & Comn	U.S. Gov't and Politics	U.S. History
12:00 Noon	Psychology	Art Hist.			
Week 2	Monday, May 14	Tuesday, May 15	Wednesday, May 16	Thursday, May 17	Friday, May 18
week 2	14 Biology	Calc AB and			Friday, May 18 Human Geography

To help students prepare for exam day, the College Board offers several resources for use both within and beyond the classroom.

1. http://www.collegeboard.com/student/testing/ap/prep_free.html

2. http://store.collegeboard.com/sto/enter.do

3. <u>http://www.collegeboard.com/student/testing/ap/prep_math.html</u>

Exam Fees

The fee for each exam is \$94, all exams will be ordered and paid for separately. Checks and money orders are not accepted, students can pay cash or by credit card, a 3% charge for all credit card purchases apply at the ASB store, 6% on the ASB webstore (credit card only). Exam fees for students in financial need is \$5. To help you budget your AP Exams payments, we have attached below a registration form with a payment plan; it is based on the number of exams you plan to take. Remember, the exams are scheduled for May 7 through May 18 but the deadline for full payment and ordering is March 16th.

Name

(Print	Legibly)
(111111	Legioly

Student ID #

Grade Phone #

AP Exam Registration 2017-2018

Directions:

1. Determine the total number of tests you'll be taking and fill out this order form only once! 2.Options for payment:

- 1) \$94 each test at the ASB office until March 16th. Cash or Credit Card. Credit card fee is an additional 3%
- 2) ASB Webstore online. Credit card fee is an additional 6%
- 3. Check your receipt to confirm that you have been issued the correct tests.

4. Students who receive a free or reduced lunch will only pay \$5.00 per test.

5. After you have completed the registration process, check your register receipt AGAIN for accuracy. Report errors and changes immediately to Mrs. Bumatay!

Art History (Yau)			Italian (Italian (Rossi)			
Biology (More & Tsuda)			Physics	Physics (Marus)			
Calculus AB (Pyrz & Patino)			Psychol	Psychology (Lopez)			
Cale	culus BC (Ava	asan)		Spanish	Spanish Language (Parra)		
Che	mistry (Fabia	n & Mesa)		Spanish	Spanish Literature (Parra)		
Cor	mputer Scienc	e (Claudio)		Studio A	Art (Sera	.fin)	
Co	mputer Scien	ce Principles (C	laudio)	US Gov	ernment	(Boulton & Chico)	
Eng	glish Lang & (Cult. (Fazio)		US Hist	ory (Dav	wson, Hake & Hart)	
Eng	glish Literatur	e (Bump & Clar	rk-Cadwell)	World H	listory (Chico, Hadi, Hammond)	
Human Geography (Hammond)							
# of Tests	Total Cost	Minimum Deposit of \$5.00 Due*	3rd payment	4th payment		The table to your left is a suggested payment option to make your exam (s) cost managea- ble: placea true to follow it so that you do not	
	Total Cost	Deposit of \$5.00 Due*	3rd payment 23-Feb	4th payment 16-Mar	~	option to make your exam (s) cost managea- ble; please try to follow it so that you do not	
	Total Cost	Deposit of	3rd payment 23-Feb \$31.33		+	option to make your exam (s) cost managea-	
Tests		Deposit of \$5.00 Due* 26-Jan	23-Feb	16-Mar	-	option to make your exam (s) cost managea- ble; please try to follow it so that you do not have a large amount to pay when all pay-	
Tests		Deposit of \$5.00 Due* 26-Jan	23-Feb	16-Mar \$31.33	-	option to make your exam (s) cost managea- ble; please try to follow it so that you do not have a large amount to pay when all pay-	
Tests 1	\$94.00	Deposit of \$5.00 Due* 26-Jan \$31.33	23-Feb \$31.33	16-Mar \$31.33 \$94.00	-	option to make your exam (s) cost managea- ble; please try to follow it so that you do not have a large amount to pay when all pay- ments are due. Don't procrastinate! DEADLINE:	
Tests 1	\$94.00	Deposit of \$5.00 Due* 26-Jan \$31.33	23-Feb \$31.33	16-Mar \$31.33 \$94.00 \$62.66	+	option to make your exam (s) cost managea- ble; please try to follow it so that you do not have a large amount to pay when all pay- ments are due. Don't procrastinate!	
Tests 1 2	\$94.00 \$188.00	Deposit of \$5.00 Due* 26-Jan \$31.33 \$62.66	23-Feb \$31.33 \$62.66	16-Mar \$31.33 \$94.00 \$62.66 \$188.00	+	option to make your exam (s) cost managea- ble; please try to follow it so that you do not have a large amount to pay when all pay- ments are due. Don't procrastinate! DEADLINE:	
Tests 1 2	\$94.00 \$188.00	Deposit of \$5.00 Due* 26-Jan \$31.33 \$62.66	23-Feb \$31.33 \$62.66	16-Mar \$31.33 \$94.00 \$62.66 \$188.00 \$94.00	+	option to make your exam (s) cost managea- ble; please try to follow it so that you do not have a large amount to pay when all pay- ments are due. Don't procrastinate! DEADLINE:	
Tests 1 2 3	\$94.00 \$188.00 \$282.00	Deposit of \$5.00 Due* 26-Jan \$31.33 \$62.66 \$94.00	23-Feb \$31.33 \$62.66 \$9400 \$125.33	16-Mar \$31.33 \$94.00 \$62.66 \$188.00 \$94.00 \$282.00	←	option to make your exam (s) cost managea- ble; please try to follow it so that you do not have a large amount to pay when all pay- ments are due. Don't procrastinate! DEADLINE:	
Tests 1 2 3	\$94.00 \$188.00 \$282.00	Deposit of \$5.00 Due* 26-Jan \$31.33 \$62.66 \$94.00	23-Feb \$31.33 \$62.66 \$9400	16-Mar \$31.33 \$94.00 \$62.66 \$188.00 \$94.00 \$282.00 \$125.33	+	option to make your exam (s) cost manageable; please try to follow it so that you do not have a large amount to pay when all payments are due. Don't procrastinate! DEADLINE: March 16th, 2018	
Tests 1 2 3 4 5	\$94.00 \$188.00 \$282.00 \$376.00 \$470.00	Deposit of \$5.00 Due* 26-Jan \$31.33 \$62.66 \$94.00 \$125.33 \$125.33	23-Feb \$31.33 \$62.66 \$9400 \$125.33 \$156.66	16-Mar \$31.33 \$94.00 \$62.66 \$188.00 \$94.00 \$282.00 \$125.33 \$376.00	+	option to make your exam (s) cost managea- ble; please try to follow it so that you do not have a large amount to pay when all pay- ments are due. Don't procrastinate! DEADLINE: March 16th, 2018 Total # of tests X \$94 = Total Amount	
Tests 1 2 3 4 5 *\$5.00 & Ft	\$94.00 \$188.00 \$282.00 \$376.00 \$470.00 JLL PAYMENT IS	Deposit of \$5.00 Due* 26-Jan \$31.33 \$62.66 \$94.00 \$125.33 \$125.33 \$156.66 DUE BY MARCH 16	23-Feb \$31.33 \$62.66 \$9400 \$125.33 \$156.66	16-Mar \$31.33 \$94.00 \$62.66 \$188.00 \$94.00 \$282.00 \$125.33 \$376.00 \$156.66 \$470.00	÷	option to make your exam (s) cost manageable; please try to follow it so that you do not have a large amount to pay when all payments are due. Don't procrastinate! DEADLINE: March 16th, 2018	

Check your receipt immediately after you pay for your tests in ASB for accuracy!! Avoid Late Fees...Select Wisely...No Refunds for ordering errors!!!



ABSENCES AND EXCUSES (Board Policy: AR 5113).

Attendance and Classroom Participation strongly correlates to student performance. Classroom participation is an integral part of the learning experiences. To that extent, regular class attendance results in a student attaining certain prescribed minimum academic standards; therefore, absences would properly be reflected in the grade the student receives AR 5113. Student absences are to be categorized as:

Excused in accordance with the guidelines in AR 5113(a) (1 -8). See winter Newsletter in OHS website.

<u>Unverified Absence or Truant :</u> Any absence for reasons other than those listed in AR 5113(a) (1-8) shall be considered <u>unexcused.</u>

<u>Method of Verification In verifying absences</u>, the following procedures shall apply:

- 1. A student who has been absent from school for one or more days shall be required to provide the attendance tech with a completed Verification of Absence Form, number 7204-90 (blue slip).
- 2. The form shall be signed by the student's parent/guardian, unless the student is 18 years of age or older or has established legal status as an emancipated minor, in which case the student may sign his/her own verification.
- 3. Absences due to illness or quarantine generally shall be verified by the school nurse. However, any of the following may verify such absences if the situation warrants.
 - a. Principal or his/her designee
 - b. Doctor
 - c. Supervisor of Attendance
 - d. Superintendent or his/her designee

4. Parent/guardian shall notify the school within 30 school days of the student's absences.

- A. Absences remaining unverified for 30 school days after the student's return to school will be considered truant or unexcused.
 - 1. Less than three unverified absences are considered unexcused.
 - 2. Three or more unverified absences are considered truant.

5. Any student with 14 or more excused absences, verified by phone calls or blue slips, will be required to provide a written explanation for all future absences. This verification must be written by the appropriate professional on his/her letterhead, addressing the medical, legal or bereavement reasons.

When students who have been absent return to school, they shall present a satisfactory explanation verifying the reason for the absence. The following methods may be used to verify student absences:

- 1. Written note from parent/guardian, parent representative, or student if 18 or older. (Education Code 46012)
- 2. Conversation, in person or by telephone, between the verifying employee and the student's parent/guardian or parent representative. The employee shall subsequently record the following:
 - a. Name of student
 - b. Name of parent/guardian or parent representative
 - c. Name of verifying employee
 - d. Date(s) of absence
 - e. Reason for absence

3. Visit to the student's home by the verifying employee, or any other reasonable method which establishes the fact that the student was absent for the reasons stated. A written recording shall be made, including information outlined above.

- 4. Physician's verification
 - a. When excusing students for confidential medical services or verifying such appointments, district staff shall not ask the purpose of such appointments but may contact a medical office to confirm the time of the appointment.
 - b. When a student has had 14 absences in the school year for illness verified by methods listed in #1-3 above, any further absences for illness must be verified by a physician.

Implementing Board Policy on Student Attendance In implementing Board policy on student attendance, responsibility shall be assumed as follows:

Students are responsible for:

- a. Regular attendance.
- b. b. Clearing absences in accordance with established procedures.
- c. Requesting make-up work following an absence:
 - 1. Assignments must be requested within two days following return from absence.
 - 2. Assignment must be completed within a period of time equal to the length of absence.

Attendance Continues

TARDY POLICY AND GRADES

Tardy(s) are a major disruption to the learning environment; they interrupt the instruction and distracts the learning of other students. Students will be responsible for being on time to all classes. Tardy(s) will have a negative effect on your citizenship grade. The policy below will be used by teachers school-wide. In each grading period tardy(s) will have the following consequences:

- 1st tardy does not impact your citizenship grade
- 2nd tardy results in a "C" in citizenship
- 3rd tardy results in an "F" in citizenship (referral to counselor)

In each subsequent grading period all students will be given a "fresh start" and an opportunity to improve his/her attendance and citizenship grade. Students are encouraged regularly to take ownership of their attendance obligation by attending Saturday School to clear their unresolved unexcused absences.

MONITORING ATTENDANCE:

Parents and students can check attendance through IC Parent Portal or call Attendance Office: 619-656-2403

https://campusportal.sweetwaterschools.org

Username: Student ID

Password: first initial, last initial, 6 digit birthday



APP: Download Infinite Campus Log in the same way as portal above

If asked: District Name: Sweetwater Union High. If asked: District Code: FCPXPV

Students will be assigned Saturday school for un-resolved unexcused absences and tardy(s). Unexcused absences become truancies when a student willfully misses school without the parental or school consent. Here are additional definitions:

- a. 7 or more excused absences per semester are considered excessive
- b. 3 unexcused full days will make a student Truant
- c. 3 unexcused period absences and/or 30min Tardy(s) in any combination is <u>Truant</u>
- d. 3 or more reported Truants in a year make a student a <u>Habitual</u> <u>Truant</u>
- e. 10% of total school days that are unexcused absences are considered <u>Chronic Truant</u>

Consequences for excessive absences, excused or unexcused, may include any combination of the following:

- 1. Targeted Intervention
- 2. Saturday School
- 3. Parent contact or conference PRE-SARB
- 4. Referral to the Student Attendance Review Board (SARB)
- 5. Removal from class with a failing grade
- 6. Placement in an Alternative Education Program
- 7. Transfer to another school

Assistant Principals' Update

Academic Tutorial Period (A.T.P.)

Academic Tutorial Periods (A.T.P.) are built into our block days at the end of each class period. The tutorial period is designed as an intervention to assist struggling students. The overall purpose is to give students extra time and support to improve their scholarship grades at Olympian High. ATP right before lunch is mandatory for all students who receive a "D" or "F" scholarship grade for any course at the previous grading period.

These students will be required to attend A.T.P. for the duration of the grading period. All new students to Olympian are automatically placed in A.T.P. until the next grading period.

Student who did not receive any "D's" or "F's" may have a "choice" during Periods 2 and 5 to do the following:

- 1. Go to any teacher (with their permission) on campus for assistance.
- 2. Go to the library for research
- 3. Go to the computer lab for word processing or
- 4. Enjoy an extended lunch!

School Safety Students safety before, after and during school and at all school events is everyone's priority. It is the responsibility of all staff members to help keep students safe and secure while at school. According to SUHSD policy, all schools will assure a safe, secure, and peaceful school environment for staff and students. All schools in our district have a closed campus policy. This means, students are not permitted to leave the campus at nutrition break or lunch time. For compliance with AB-1649, the Safe and Secure Schools requirement in California, school discipline and safety rules and procedures are developed and filed with the SUHSD Board of Trustees.

All rules and procedures pertaining to discipline and school safety are communicated to students at the beginning of each school year. All return-

APs' Update (continued)

ing and new students will receive handbooks explaining discipline and behavior standards, student rights, and responsibilities, and emergency safety procedures.

<u>Always Drive on Campus safely</u>

This is a reminder to all students, parents and staff that driving safely on and off campus is a priority. Everyone must drive slowly. Do not use your cell phone, play music loudly, stop in middle of the road to drop-off or pick-up, etc ..; these are major distraction for drivers. Everyone must remember to be courteous and patient as you wait in traffic in and out of school campus. And always, Pedestrians always have the right of way! Students MUST have a valid parking permit to park on campus. Students can pick up a parking permit application from the Assistant Principals' office, Ms. Diaz. Students must show their driver's license, proof of insurance and proof of registration. Violations of driving safety and parking privileges on campus may lead to loss of permit.

Free/Reduced Lunch Applications

We are asking that all families have a lunch application on file even if you feel your income is too high to qualify for this program. This process benefits Olympian High School and may provide financial benefits to you and your student. Besides reduced food costs, the many benefits of receiving a free/reduced lunch include <u>Advanced Placement fee reduction</u>, students may be eligible <u>for college application fee</u> <u>waivers and lastly SAT and ACT fee waivers for</u> registration. Lunch applications can be picked up in the main office.

Before and After School Student Conduct

Students must remember to conduct themselves appropriately and respectfully as they leave campus. Be respectful of our parents, neighbors and elementary school students next door. Students should NOT be loitering in the townhomes and around the community homes of Olympian before or after school. It is important to remember to be positive role models for the elementary school students at Wolf Canyon across the street. Olympian students should not be cursing or acting inappropriately after school as they leave campus. Sweetwater Union School District policy states that students are to be held accountable for their actions by the school until they reach their home.

Also, students who exit out the back gate onto Wolf Canyon Loop must be careful crossing the street and must listen to directions of campus staff that are directing traffic. Students on skateboards and bikes must ride out slowly and watch for pedestrians and vehicles. We have also been informed by the Highway Patrol that some Olympian students are taking a short-cut by running across the 125 freeway. This of course is very dangerous and students will be cited.

Picking up students during the school day

Parents/guardians are reminded that if you are going to pick up your son/daughter from school, you are required to show a picture ID. This is for the safety of the students. No one other than parent/guardian or emergency contacts are allowed to pick up a student from school. No student will be called out of class to leave school for any reason 20 minutes before the school day ends.

Closed Campus

District policy mandates that schools in the district have closed campuses. Off-campus permits must be obtained prior to leaving school. Students should never leave campus, under any circumstances, without first reporting to the attendance office. Failure to report to the attendance office will result in being truant.

<u>Visitors</u>

With the exception of parents/guardians visiting a class with their student, students are <u>not</u> allowed to bring visitors on campus. All persons with appointments must check in at the Main Office to obtain a visitor's pass. Parent wishing to visit a class must give the teacher 24 hour notice.

APs' Update (cont.)

Campus Cleanliness

Students please remember to throw your trash away. There are plenty of trash receptacles throughout the campus for you to dispose your trash. We are finding too much trash still being left on the ground. This is unacceptable. ALL students are responsible for trash on campus and we are all obligated to keep our school clean.

Caps, Hoodies and Beanies

Students are reminded that the Olympian High School dress code now allows for students to wear caps, hats, hoodies or beanies outside only. No hats, caps or hoodies are allowed inside office or classrooms. Confiscated items for this violation may be retrieved from the Assistant Principal office.

Jupiter Grades

We encourage all parents to please log on to JupiterGrades to keep up with your son/daughter's grades. You can also update your email and cell phone to receive weekly text and email updates.

Students not allowed to sell food/drinks on campus

We have noticed that some students are selling candy or food at school. The selling of food or drinks by individual students is NOT allowed at school. The school district has strict requirements about the nutritional value of items provided to students. Fast food deliveries by parent for their students are not allowed during school day(SB12).

Prohibited Items

- 1. Cell phones and other electronic devices (iPods) are to be off and put away during class time. Staff will confiscate any electronic device that violates class rules and/or school policy.
- 2. Students should be aware that when they bring phones and other electronics devices, to school they do so at their own risk. The school is not liable for lost or stolen electronic devices.
- 3. Roller blades, scooters, and skateboards are NOT to be used on campus at any time, including evenings and weekends.
- 4. Possession of permanent markers and/or spray

paint

- 5. Weapons/dangerous items such as stink bombs, knives, and pepper spray, stun guns, laser light pointers, etc.
- 6. Selling merchandise Chips, candy, drinks, etc. on campus will result in disciplinary action and merchandise confiscated.
- 7. Over the counter medications such as Advil, Tylenol, eye drops, cold medications, etc.
- 8. Tobacco, tobacco products or smoking related paraphernalia, ex. lighters, pipes, e-cigarettes
- 9. Alcohol or other illicit drugs
- 10. Spice or bath salts (synthetic drugs)

<u>Bullying</u>

Sweetwater Union High School Board Policy 5131(a) states: Prohibited student conduct includes but is not limited to:

1. Behavior that endangers staff, students, or others.

2. Behavior that disrupts the orderly classroom or school environment.

3. Harassment or **bullying** of students or staff, including, but not limited to, cyber bullying, intimidation, hazing or initiation activity, extortion, or any other verbal, written, or physical conduct that causes or threatens to cause violence, bodily harm, or substantial disruption, in accordance with the section "Bullying/Cyber bullying" policy.

<u>Cases of bullying will result in immedi-</u> <u>ate investigation! Report Bullying!!</u>



Report Anonymously online: http://p3tips.com/409

Help your school be a safe place for you & your friends!

APs' Update (cont.)

Parking: All parking lots are restricted areas during the school day. There is no parking permitted in the red zones or loading/unloading zones or in front of the main office. Vehicles parked in unauthorized areas, such as faculty parking and fire lanes, may be subject to removal at the owner's expense.

Student Parking

- 1. In order to park on campus, students must fill out a parking permit application, show a valid driver's license and proof of insurance. Parking on campus is a privilege, therefore, students must maintain a good academic standing and attendance. School records will be reviewed each year.
- 2. It is advised to keep your vehicle locked. Parking on campus is at your own risk. Students are to park in the **designat**ed areas only.
- 3. When parking near the baseball field be aware that you are parking at our own risk. The school nor district is responsible for any damage caused by a baseball.
- 4. Students' cars are <u>off limits</u> to students during school hours. A parking permit must be displayed at all times.
- 5. Students are to park only in the WEST Parking Lot, that is, the first lot on your left as you enter the campus.
- 6. South parking lot (by the stadium) is off limits to students.
- 7. Parking on campus is limited, there are no guaranteed student parking spaces.

Student Bike Riders

Olympian High requires students to abide by California Vehicle Code (Section 21212) states that, "A person under 18 years of age <u>shall not</u> operate a bicycle, a non-motorized scooter, or a skateboard, nor shall they wear in-line or roller skates, nor ride without a helmet.

Plagiarism/Cheating/Copying Policy

Plagiarism is the act of using the words, ideas, interpretations, conclusions, reflections, or any other products of another, whether borrowed, purchased, or obtained in any other manner, and submitting them as your own. This includes: submitting work (in whole or part) produced by another; omitting footnotes for ideas, statements, facts, or conclusions of another; omitting quotation marks when quoting directly from another (whether a paragraph, sentence, or part); close or lengthy paraphrasing of the written work of others; and submitting another person's artistic work (musical compositions, photographs, paintings, drawings, or projects). Special precaution should be given to electronic files or internet. Using shared content electronically that is not your own created work and turned as your own for a grade is plagiarism.

At Olympian High has a zero tolerance policy toward plagiarism. This policy applies to **<u>both</u>** parties involved in the plagiarism, including students who allow others to copy or cheat. Consequences are as follows:

- <u>First offense</u> at Olympian High will include, but are not limited to, a mandatory zero for the assignment/project/exam, a mandatory counselor-teacher-parentstudent conference and the lowering of the citizenship grade.
- <u>Second offense</u> at Olympian High will result in a mandatory zero credit for the assignment/exam, disciplinary action by the administration, an "F" grade in citizenship for the class in question, and a student contract developed for future behavior.
- <u>Third offense</u> will result in all actions included for a second offense, plus student suspension due to defiance of school authority. Subsequent offenses may also result in alternative placement to another school.

**Plagiarism/cheating/copying offenses at Olympian High will be cumulative throughout the student's four-years of high school.

SENIOR PRIVILEGES

Senior students are expected to perform and behave as model student throughout the year. Students who display conduct that violate school policy as stated in the above pages will face disciplinary action. Any senior student who is suspended for any reason will lose his/her senior privileges. The loss of senior privileges will include but not limited to participation in Prom, Gradnite, Senior Breakfast, graduation ceremony, etc. In some cases, the severity of the situation will result in alternate school placement for the rest of the year.

Seniors must clear all unexcused absences and tardies by **May 19, 2017** to participate in all senior activities including graduation ceremony. All students are expected to monitor their own attendance and should take initiative to clear absences ASAP

Saturday School Dates: 2018

Semester II:	Days of the Month
January, 2018	13 , 20, 27
February, 2018	3, 10 , 17, 24
March, 2018	3, 10, 17
April, 2018	7, 14, 21, 28
May, 2018	5, 12, 19, 26

Nurse Office update

HEALTH OFFICE INFORMATION Health office hours are 7:00 AM to 3:50 PM

It's cold and flu season. Don't let influenza (the flu) catch YOU by surprise this season. Be prepared; get vaccinated today.

After a busy holiday season, you might be reluctant to add one more thing to your to-do list. But it's worth it. <u>Get a Flu Vaccine Every Flu Season</u>

The flu is a <u>contagious</u> respiratory disease that can lead to serious complications, hospitalization, or even death. Anyone can get the flu, and <u>getting a flu vaccine</u> is the single best way to protect yourself and your family. Even healthy people can get very sick from the flu and spread it to friends and loved ones. Everyone 6 months of age and older is recommended to get vaccinated against the flu every year.

Flu activity is unpredictable but often peaks in January or February. Although there are many different flu viruses, yearly flu vaccine protects against the three viruses that research suggests will be most common that flu season.

Please encourage your child/children to:

- •Get plenty of rest
- •Eat nutritious food throughout the day
- Drink more water
- •Wash hands frequently with soap and water or hand sanitizer
- •Cover coughs and sneezes with arm not hands
- •Treat symptoms at home first
- Stay home if fever >100.5

Let's make 2nd semester a healthy one!

Please remember that students may be given Over The Counter Medications at school if there is a signed permission slip on file in the health office. The form can be downloaded from the Olympian website—go to the parent tab, click on health information and then OTC medication. Forms are also available in the health office.

STUDENTS ARE NOT ALLOWED TO CARRY MEDICATIONS ON CAMPUS UNLESS ORDERED BY THEIR PHYSICIAN. PLEASE HAVE YOUR PHYSICIAN COMPLETE THE DIS-TRICT FORMS EACH YEAR FOR INHALERS, EPI-PENS, ETC. Please contact the health office for any questions

B Bird, RN, MSN 619 656-2404 Brenda.bird@sweetwaterschools.org

Library Update

Library Reminders...

As second semester begins, there is still a large percent of students who owe overdue books or have incurred charges due to lost library materials. Students who owe books or fines have been reminded through emails, recorded phone calls home, and students being called to the library to speak directly with library staff about their debt. With the new year upon us, now is the time to return overdue books to the library and pay for any fines owed by January 19th. Students who do not pay their debt or return their overdue textbook(s) will result in being put on the school's non-privileged list. Board Policy 6161.2 states that students on the non-privileged list may not participate in extra-curricular activities including athletics, dances, and field trips.

Debt payments must be made in the library or textbook room in person between the hours of 7:00 a.m. to 2:45 p.m. The library accepts CASH only as method of payment. No checks or credit cards will be accepted. The library staff may put parents and students on a payment plan for a few months if it is difficult to make the full payment owed.

The following library materials are common items that are owed and may still be overdue:

- Library books
- Textbooks from past years
- Textbooks from a class that a student has since transferred out of
- Textbooks from a first semester class that has now ended
- Novels that were assigned by a teacher to read from an English/Social Science class, that are no longer assigned
- Laptop charger that was not returned last year or an iPad Brick owed from past years.

Fines may be owed on the following:

- Overdue textbooks, novels, and library books that are considered lost because the student has no idea where the book is
- Damaged textbooks resulting in student neglect/misuse
- Damaged or lost laptops/laptop chargers or past years damaged iPads/iPad accessories (cover, brick)
- Library books that were returned late, past the due date (small fine incurred)
- Printing charges beyond the first four free pages (small fine incurred)

Library Update Continues..

students who ended a first semester course, return their textbook immediately to ensure there are a sufficient number of textbooks available to students taking new second semester courses.

At times, teachers ask students to keep textbooks checked out to them in the classroom so they can be used as a class set. Please note, that it is not recommended that student textbooks be left in classrooms where they can easily be taken or go missing. If a textbook gets lost in a classroom, then student are still responsible for paying for the lost textbook. Teachers are encouraged not to allow students to leave textbooks in the classroom and parents are strongly encouraged to discuss with their student about keeping textbooks in a safe place at home. All overdue books and other materials must be returned or paid for by the end of the school year. In order to participate in graduation, all seniors must be cleared through the library for outstanding library debt and textbooks. If you have any questions regarding your student's library record, please contact the library at (619) 656-2430 to see if anything is owed or missing.

Hours of Operation:

ASAP AM Session: 6:30 am to 7:20 am, П

□ ASAP PM Session: Tutorials 2:40 pm to 4:30 pm

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30

□ ASAP on Pro-hour 1:40 pm to 3:30 pm

- Library: 7:00 am to 3:00 pm,
- Phone: (619) 656-2430 Π

□ **Fax:** (619) 216-0650

Parent Visitation Day Coming ~ February 2, 2018

17	SHORTENED DAY				
	Period		Time		
UN	0		6:30 - 7:23		
	1		7:30 - 8:08		
	2		8:15 - 8:55		
	3		9:02 - 9:40		
	Nutrition		9:40 - 9:50		
	4		9:57 - 10:35		
	5		10:42 - 11:20		
	6		11:27 - 12:05		

Lunch

Plan Ahead to Attend Note: More information about this day will be sent to you!

12:12 - 12:42

"Tight-lipped kids often keep their parents in the dark about school activities. How can schools bring them out of the cold? Invite them in! Principals say that "Parent Visitation Days" enable parents to get in touch with what school life is really like for their children.

Olympian parent visitation day is a tradition like no other. It's different from open house because it allows parents to experience their child's daily school routine. The experience includes sitting in every class in their student schedule; including nutrition and lunch. It's amazing!!

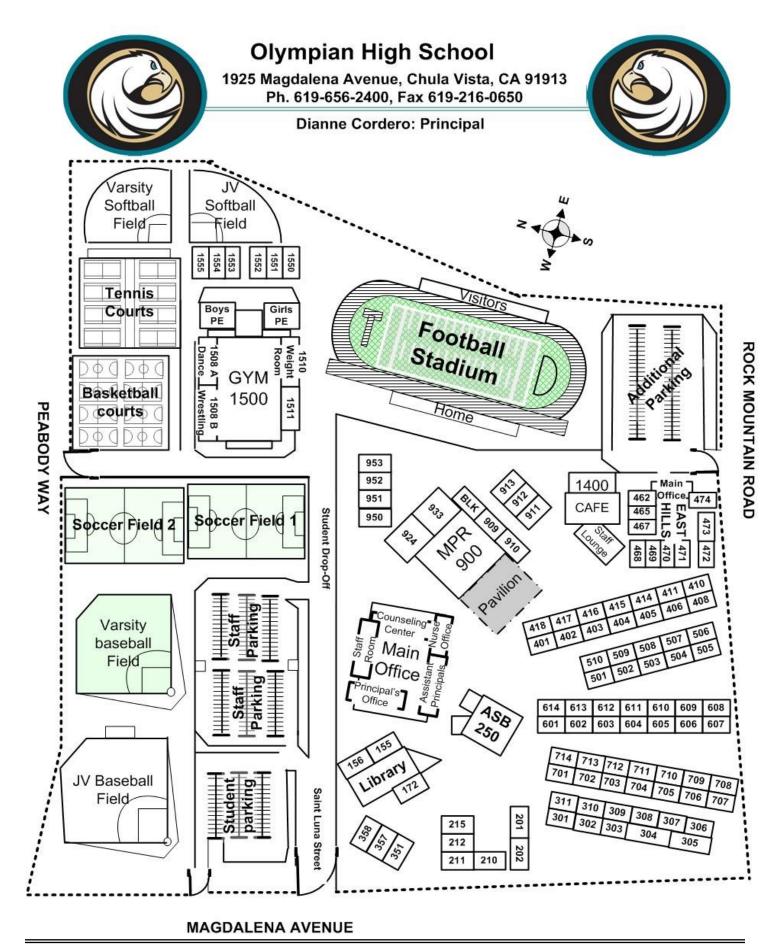




0.H.S. 2017-18 Daily Calendar Semester 2



Monday	Tuesday	Wednesday	Thursday	Friday
<u>8-Jan</u>	<u>9-Jan</u>	<u>10-Jan</u>	<u>11-Jan</u>	<u>12-Jan</u>
Non-Instruction Day	Non-Instruction Day	Pro-Hour Day (1-6)	Regular Day (1-6)	Regular Day (1-6)
<u>15-Jan</u>	<u>16-Jan</u>	<u>17-Jan</u>	<u>18-Jan</u>	<u>19-Jan</u>
No School-MLK Day	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Assembly Day (1-6)
<u>22-Jan</u>	<u>23-Jan</u>	<u>24-Jan</u>	<u>25-Jan</u>	<u>26-Jan</u>
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Regular Day (1-6)
<u>29-Jan</u>	<u>30-Jan</u>	<u>31-Jan</u>	<u>1-Feb</u>	<u>2-Feb (PVD)</u>
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Minimum Day (1-6)
<u>5-Feb</u>	<u>6-Feb</u>	$\frac{7-\text{Feb}}{1-2-2}$	$\frac{8-\text{Feb}}{4.5}$	<u>9-Feb</u>
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Regular Day (1-6)
<u>12-Feb</u>	<u>13-Feb</u>	<u>14-Feb</u>	<u>15-Feb</u>	<u>16-Feb</u>
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	No School-Lincoln
<u>19-Feb</u>	<u>20-Feb</u>	<u>21-Feb</u>	<u>22-Feb</u>	$\frac{23-\text{Feb}}{\text{Pagular Day}(1,6)}$
No School-Washington	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Regular Day (1-6) Progress Report
26-Feb	27-Feb	28-Feb	1-Mar	2-Mar
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. $4-5-6$ / ATP	Regular Day $(1-6)$
5-Mar	6-Mar	<u>7-Mar</u>	8-Mar	9-Mar
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Assembly Day (1-6)
12-Mar	13-Mar	14-Mar	15-Mar	16-Mar
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Regular Day (1-6)
Spring Break 3/19 through 3/30				
<u>2-Apr</u>	3-Apr	4-Apr	<u>5-Apr</u>	6-Apr
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Regular Day (1-6)
9-Apr	<u>10-Apr</u>	11-Apr	12-Apr	13-Apr
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP (ELA	Per. 4-5-6 / ATP (ELA	Regular Day (1-6)
F10-Houl Day (1-0)	Regulai Day (1-0)	CAT)	CAT)	Regulai Day (1-0)
<u> 16-Apr</u>	<u> 17-Apr</u>	<u> 18-Apr</u>	<u> 19-Apr</u>	<u>20-Apr</u>
Pro-Hour Day (1-6)	Per. 1-2-3 / NO ATP	Per. 4-5-6 / NO ATP	Per. 1-2-3 / ATP CST	Per. 4-5-6 / ATP
(ELA CAT Makeup)	(ELA PT)	(ELA PT)	Science (Grd-10)	(Math CAT) Progress Report
<u>23-Apr</u>	24-Apr	<u> 25-Apr</u>	<u> 26-Apr</u>	27-Apr
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Regular Day (1-6)
(ELA/Math Makeup)	(ELA/Math Makeup)	(Math PT)	(Math PT)	(Math Makeup)
<u> 30-Apr</u>	<u>1-May</u>	<u>2-May</u>	<u>3-May</u>	<u>4-May</u>
Pro-Hour Day (1-6	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Regular Day (1-6)
<u>7-May (</u> AP Exam)	<u>8-May (</u> AP Exam)	<u>9-May (</u> AP Exam)	<u>10-May</u> (AP Exam)	<u>11-May (</u> AP Exam)
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Minimum Day (1-6)
14-May (AP Exam)	<u>15-May</u> (AP Exam)	<u>16-May</u> (AP Exam)	17-May (AP Exam)	Staff Appreciation 18-May (AP Exam)
<u>14-May</u> (AP Exam) Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Regular Day (1-6)
<u>21-May</u>	22-May	23-May	24-May	25-May
Pro-Hour Day (1-6)	Regular Day (1-6)	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Assembly Day (1-6)
28-May	29-May	30-May	31-May	1-Jun
No School-Holiday	Per. 1-2-3 / ATP	Per. 4-5-6 / ATP	Regular Day (1-6)	Regular Day (1-6)
<u>4-Jun</u>	5-Jun	<u>6-Jun</u>	7-Jun	8-Jun
Finals (Period 1/2)	Finals (Period 3/4)	Finals (Period 5/6)	Summer Break	Summer Break
7:30-12:05	7:30-12:05	7:30-12:05		
		End of Semester 2		1



"The Sweetwater Union High School District does not discriminate with regard to sex, sexual orientation, gender, ethnic group identification, race, ancestry, national origin, religion, color, mental disability and/or physical disability, age, marital or parental status or any other unlawful consideration." (SUHSD Board Policy #2224)